

MET'S Institute of Pharmacy

ACTIVITY REPORT

Name of Activity-Girls Student Council Organized Session OnPCOS Management & Awareness.

Day and Date-Wednesday, 18th September, 2023

Participants.	Students.	Department
	150	First Year B.Pharm, Pharm D, D.Pharm Girls Students Only.

Details of the Program:

Speaker: Ms. Vaishnavi Pathak, PhD Scholar at MET IOP

This session was conducted on various components to educate, support, and empower individuals dealing with PCOS. To guide students about its causes, symptoms, diagnosis, and long term effects.to provide nutritional guidance, session was also include exercise routines and tips for incorporating regular physical activity. Main objective of this session to support and improve the quality of life for individuals with PCOS by providing empowerment, supportive community, psychological support and fertility support.

Program Objective Achievement

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities	✓	PO8	Communication	
PO3	Problem Analysis	✓	PO9	The Pharmacist and society	✓
PO4	Modern Tool Usage	✓	PO10	Environment and Sustainability	✓
PO5	Leadership Skills		PO 11	Lifelong Learning	✓
PO6	Professional Identity				

Photos of the event



Principal -Dr. Sanjay Kshirsagar

Coordinator- Ms. Smita D. Kothmire.