

MET'S Institute of Pharmacy

ACTIVITY REPORT

Name of Activity: Session on "Self Defense"

Day and Date: Wednesday, 06/03/2024.

Courtesy: MET's IOP

Time: 10.30 am to 11.30 am

Participants	Staff	Students	Class and Course
	02	80	Girl students of B-Pharmacy, D-Pharmacy and Pharm D

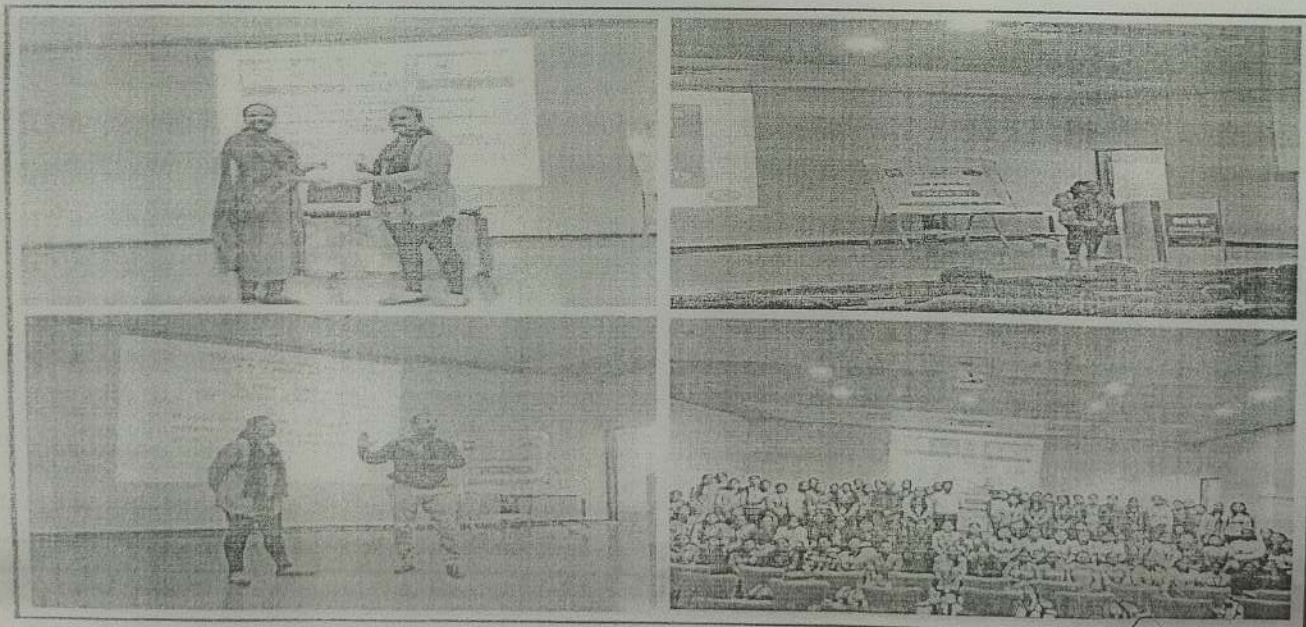
Details of the Program: Girl's Student Council, MET's Institute of Pharmacy had organized a session on 'Self Defense' on Wednesday, March 6th, 2024. The session was conducted by Mr. Arif Shaikh and Sania Arif Khan, who is coach for Martial Art training at Mark Martial Arts academy. He along with his team members in front of girl students demonstrated various self-defense techniques that can become handy in life-threatening situations for women.

Program Objective Achievement:

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities		PO8	Communication	
PO3	Problem Analysis		PO9	The Pharmacist and society	
PO4	Modern Tool Usage		PO10	Environment and Sustainability	
PO5	Leadership Skills		PO 11	Lifelong Learning	✓
PO6	Professional Identity				

Objective of the Activity	To make aware girl students about importance of presence of mind and self-defense techniques and train women to use the same during life threatening situations.
Beneficiary of the activity	Girl students of B-Pharmacy, D-Pharmacy and Pharm D
Social Media links	-

Photos of the event:



Ms Poonam S. Wajpey
GSC Coordinator



Dr. Kshirsagar
Principal

PRINCIPAL
MET's Institute of Pharmacy
Adgaon, Nashik-3.